



The Oesophageal
Patients Association
Caring for the cancer patient & their family

Chocolate Diablo

Ingredients

1 tablespoon drinking chocolate

1 teaspoon instant coffee

1 can Ensure



Method

Pinch cinnamon

Mix chocolate, coffee and cinnamon, add 2oz Ensure and stir until smoothly mixed.

Stir in the rest of the Ensure and heat to required temperature, stirring all the time.

Do not boil.

Alternatively, use chilled Ensure, mix as before and blend (with a scoop of ice cream if liked).

