



The Oesophageal
Patients Association
Caring for the cancer patient & their family

Complan Angel Delight

Ingredients

1 packet Angel Delight

3 heaped dessert spoons natural flavour Complan

½ pint cold water

Method

Mix Complan with a little water to make a thin cream, then add the remaining water.

Sprinkle in the dessert powder and whisk briskly.

