



The Oesophageal  
Patients Association  
Caring for the cancer patient & their family

## High Protein Chocolate Sauce

### Ingredients

1 pint fortified milk  
1-2 oz sugar  
1oz cornflour  
½ oz cocoa powder



### Method

Mix sugar, cornflour and cocoa powder to smooth paste with a little cold milk.

Heat the rest of the milk until just boiling.

Pour into the cocoa mixture, stirring well.

Return to pan, stir until boiling and simmer for 1-2 minutes, stirring all the time.

