



The Oesophageal
Patients Association
Caring for the cancer patient & their family

Jelly Whip

Ingredients

1 packet jelly
1 small tin evaporated milk

Method

Chill the tin of milk in the fridge for a few hours.

Dissolve jelly in $\frac{3}{4}$ pint hot water and allow to cool.

Whisk evaporated milk until it forms peaks and stir into the cool but not set jelly.

Pour into individual dishes and place in the fridge to set.

