

**MINUTES OF OPA-SPLASH COMMITTEE MEETING 9TH AUGUST 2017**

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| **Present** | Lorraine Sutton (LS) – Clinical Support  Phil Coverdale (PC) – Treasurer  Pam Bonshor (PB) – Secretary  Graham Moss (GM) |  |
| **Apologies** | Gill Millett (GM) |  |

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| **Item**  **(a)** | **Discussion**  **(b)** | **Action with**  **(c)** |
| 1. Previous Minutes | Quiet Room  Some progress has been made; a date for access to the room is still to be confirmed.  Flyers  This is still a work in progress. | LS  PC |
| 2. Fundraiser – Hill Park Fun Day | A charity fun day is taking place on Monday 28th August 2017 to raise funds for OPA-SPLASH & organized by Graham. This will take place at the Hill Park Memorial Working Mens Club between 12 – 5pm. Pam to promote on social media & website. Phil to send email to members. | PB  PC |
| 3. Feedback | Feedback from previous group meeting was positive with members particularly commenting on how they find hearing the experiences of others useful & comforting. Feedback tells us the needs of the group are being well met. |  |
| 4. OPA-SPLASH in Clinic | The Clinics are still running & proving successful although still a work in progress. Phil to ask at the next group meeting whether any members would like to volunteer to help with these so we can have OPA-SPLASH presence at clinics every 5-6 weeks. | PC |
| 5. World Record Attempt (Weight Lifting) | Has now taken place. Lorraine to get contact details of fundraiser Sean & will pass these to Phil so he can find out what happened & inform members at next group meeting in case they would like to contribute to donations. | PC  LS |
| 6. Agenda for next group meeting (23rd September 2017) | The Agenda for the next group meeting to be held on 23rd September 2017 was decided as follows:  1. 10:00 – 10:05 Welcome (Lorraine)  2. 10:05 – 10:45 Pain Talk by Pain Team  3. 10:45 – 11:10 Coffee & Chat  4. 11:10 – 11:20 Phil Update (Quite Room / Charities etc)  5. 11:20 – 11:50 Q&A Session  6. 11:50 – 12:00 Feedback, Raffle & Farewell  Pam to produce agenda on PowerPoint  Phil to print copies for distribution on the day | All |
| 7. Date of next committee meeting | The date of the next committee meeting is Tuesday 17th October 2017 @ 10am – Macmillan Centre. | ALL |